

**New York State Athletic Training Committee  
Meeting Minutes  
March 5, 2026  
2:00 PM**

**1411 Broadway  
10<sup>th</sup> floor  
NYC  
and NYSED remote sites**

Committee Members Present: Trevor Cramer, Courtney Gray, Robert O'Malley, Michael Powers, and Douglas Straley, Medicine Board liaison Dr. Ramanathan Raju.

NYSED Staff Present: Stephen Boese, Executive Secretary to the Board; Michelle Pawlowski, Education Credentials Specialist 2; Carla Gibbons, Education Program Assistant 2; and Lee Fitzgerald, Education Program Assistant 2.

Guests Present: Deanna Errico from NYSATA, Stephanie Maes and Kelli Murphy from Office of the Professions.

Mr. Powers called the meeting to order at 2:05 pm

Review of Minutes from December 4<sup>th</sup>, 2025:

Motion was made, seconded, and passed to approve edits to the 12/4/25 meeting minutes which clarified the language of treatment for dislocations and mobilizations as treatments in joint restriction.

Executive Secretary Report—Update from the Office of Professions:

Board Positions Open:

Nominations are still open for the two new members needed once licensure goes into effect. One must be a licensed physician who holds a specialty board certification in either orthopedic surgery, primary care, family practice, sports medicine, or neurology. We have a nomination for this position.

We still have an opening for a public member and as of this date we have no applications.

Public member is a user of the services and not an athletic trainer.

Stephen will check the statute and the law about public members on Boards.

AT license annual report:

Data for 2025 is not available yet.

## NYSATA Concerns Discussion-Deanna Ericco

Deanna Ericco gave a presentation on NYSATA recommended amendments, suggestions to align scope with realistic athletic training practice.

The current ratio of physician supervision is 1:4. NYSATA is suggesting a 1:6 ratio.

Hardships were listed for current 1:4 ratio.

- Limited Access at Large Events
- Coverage Gaps
- Increased Risk for Understaffing
- Outdated and Inconsistent Standards

Suggestions on edits to §8351 section 3- *an athletic trainer shall make a written or oral referral to a physician of any individual being treated for an orthopedic athletic injury for a period of four days from the day of onset. Initial examination* is suggested to replace *the day of onset*.

Justifications were given for this suggestion. An individual may not see their AT until days after the injury occurred. In a school setting this could be due to weekend travel and the earliest they can see their AT is on Monday. The updated language would align with what every day athletic training really is.

By replacing *day of onset* with *initial examination*, the law will accurately tie the referral timeline to the moment when professional assessment, documentation, and treatment planning actually begins.

Additional language was suggested as an amendment to §8351 section 3 to include Active Treatment. Justifications were provided.

An individual treated for an orthopedic athletic injury by an athletic trainer in a healthcare organization or a physician's private practice shall receive a medical evaluation or reevaluation if ***active*** treatment by the athletic trainer exceeds two weeks. ***Ongoing preventative or maintenance care provided after a patient has returned to full participation/work status shall not be considered 'active treatment' for the purposes of this subdivision.***

- Current language does not accurately reflect standard practice in schools, colleges, or organized athletics. Care such as stretching programs, strengthening, taping, bracing, or sport specific conditioning may continue for weeks or an entire season despite the athlete demonstrating full functional recovery and no ongoing medical concerns.
- An amendment would ensure the law aligns with established sports medicine practice
- Maintains appropriate physician oversight when clinically indicated
- Prevents unintended barriers to care in NY schools, colleges, and community athletic programs

## ATs and OTC medications-Bob O'Malley

Athletic trainers cannot administer over the counter (OTC) medications. The New Practice Act does not state whether an AT can or can't dispense OTC medications. Stephen is working on this and will continue if the Board would like to pursue and feels that it is okay for AT to dispense OTC meds. There may be some circumstances where there is a case for an AT to hand out OTC medications. Stephen will continue to look into this.

Pathways to the Professions- Stephanie Maes and Kelli Murphy

Stephanie and Kelli shared how they raise awareness and highlight the professions that we license within SED. They reviewed the Athletic Training career exploration webpage and asked for input from the board.

Other Issues

Continuing education and mandated reporters' training will be discussed at a later date. We are also working on clarifying language on our website.

Mike Powers term will be ending in October 2026.

Next Meeting Date: May 29, 2026 @10 am

Meeting adjourned at 3:28 pm

Respectfully Submitted,

Michelle Pawlowski  
Education Credential Specialist 2