



NBOME & COMLEX-USA Update

New York State Board for Medicine

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NBOME Leadership & Mission



**PROTECTING THE PUBLIC BY
PROVIDING THE MEANS TO
ASSESS COMPETENCIES FOR
OSTEOPATHIC MEDICINE
AND RELATED HEALTH CARE
PROFESSIONS**



NBOME Assessment Portfolio

ACROSS THE CONTINUUM

EDUCATION

COMAT
WelCOM
COMSAE

LICENSURE

COMLEX-USA
COMPREHENSIVE OSTEOPATHIC MEDICAL LICENSING EXAMINATION
LEVEL 1 | LEVEL 2-CE | LEVEL 3

PRACTICE

COMVEX
OCC/CME

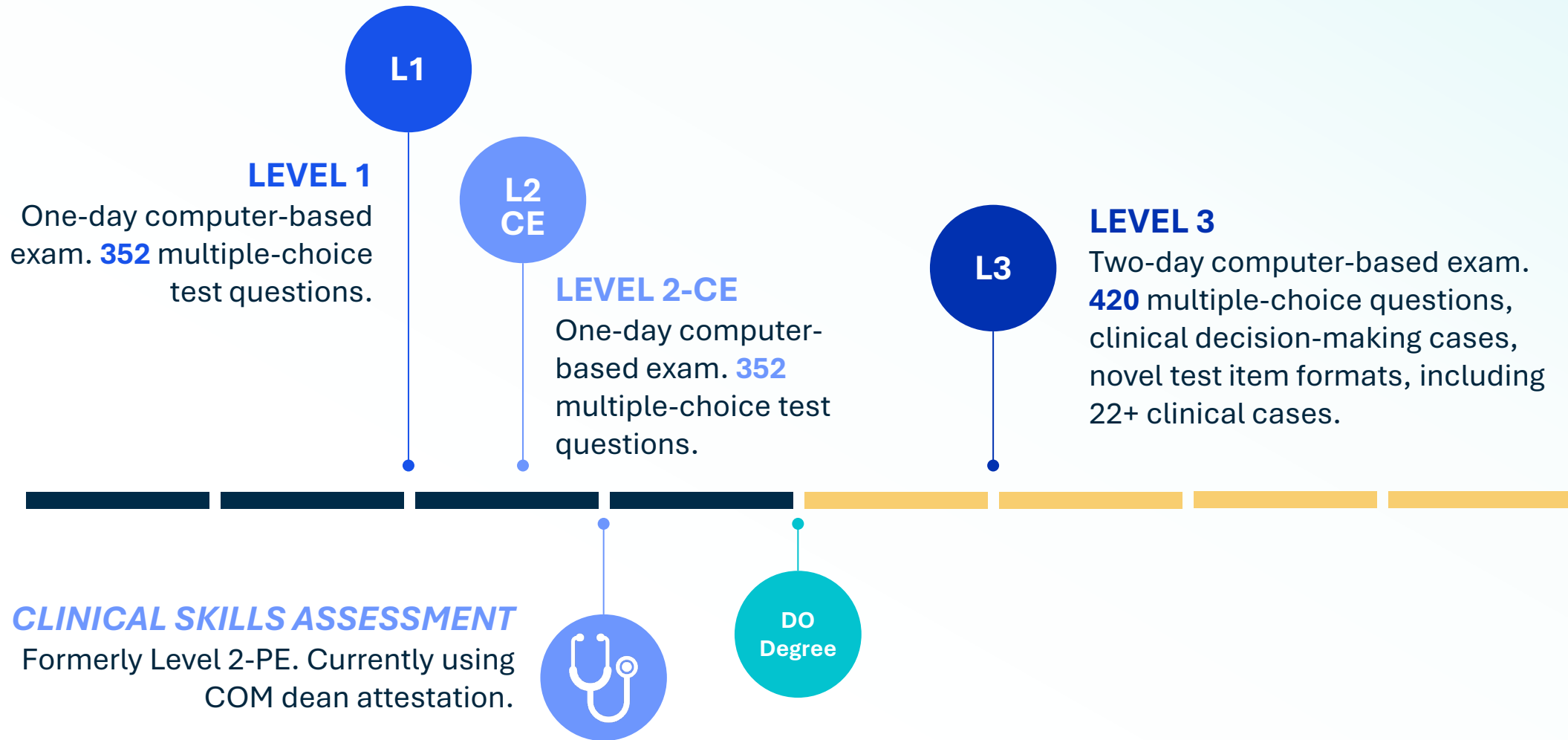
CATALYST
ASSESSMENT PLATFORM

COMLEX-USA

Intent & Purpose

- 1 Licensure exam
- 2 Accepted by all state licensing boards
- 3 Required for the DO degree (which is required for licensure)
- 4 Used in holistic review by most residency programs

COMPLEX-USA Assessment Overview



COMPLEX-USA Coming Enhancements

**LEVEL
1**

320 questions
8 hours

TARGET: MAY 2026

**LEVEL
2**

320 questions
8 hours

TARGET: JUNE 2026

**LEVEL
3**

1 day
8 hours

TARGET: JANUARY 2027

C3DO

Phase 3 pilots underway
*Board announcement in
July 2025*

Scoring & Reporting

	REPORTING	PASSING
LEVEL 1*	PASS/FAIL	(400)
LEVEL 2-CE	3-Digit Score	400
LEVEL 3	3-Digit Score	350

Attempt Limits

- COMLEX-USA attempt limits changed from six to four in July 2022 for all COMLEX-USA Levels
 - NBOME still permits candidates one additional attempt per COMLEX-USA Level if an individual state board requests
- “Petition for Exception To COMLEX-USA Attempt Limit Policy” form for board to complete and submit is available on NBOME website
 - Requires that candidate seeking the additional attempt has a reasonable nexus with state requesting the additional attempt (e.g., resident or native of state, attended medical school or in a residency in state, intends to practice in state, etc.)

Comprehensive Osteopathic Medical Variable-Purpose Examination (COMVEX)

- Developed for licensed or previously licensed osteopathic physicians seeking re-entry into the profession
- Administered only at the direction of state medical boards
- Provides reporting on an individual's knowledge of current osteopathic medicine and practice
- Uses the same assessment foundation as COMLEX-USA



Two 3.5 hour
sessions



300 items



Delivered at
Pearson testing
centers

COMVEX UPDATES

NBOME updated **current eligibility requirements** to include:



No more than two attempts in 12-month period



Four overall attempt limit by a candidate



90-day waiting period to retake an exam

Clinical Skills Assessment



Core Competency Capstone for DOs

WHY?

Delivery of COMLEX-USA Level 2-PE was halted in the beginning of the pandemic in March 2020 and suspended indefinitely in February 2021

NBOME subsequently formed Special Commission on Osteopathic Medical Licensure – purpose was to evaluate alternative pathways for verifying clinical skills

The Special Commission included representatives from medical education and state licensing boards

Currently, clinical skills verification remains in place (through 2027) for COMLEX-USA through a dean's attestation that each graduating student has demonstrated the osteopathic clinical skills necessary for graduation

Arising out of the recommendations of the Special Commission, the NBOME has developed the C3DO, which is a national clinical skills assessment intended to be delivered at COMs.

Core Competency Capstone for DOs



WHAT?

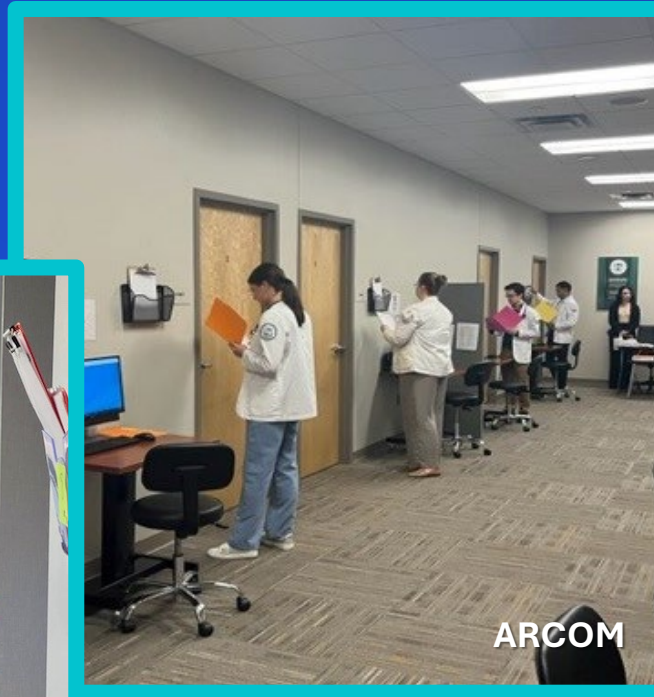
Patient-physician interpersonal and communication skills

History building and hands-on physical exam

OMT skills

Clinical decision making

Core Competency Capstone for DOs



HOW?

- Multi-station OSCE model using standardized patients
- Post encounter questions about the patient (diagnosis, testing, treatment, risk factors, follow-up, lifestyle)
- Competency-based (badge concept, subsequent pilots include formative elements)
- Independent OMM physician examiners

Core Competency Capstone for DOs

C3DO Prototype for Pilots assessed:

- Patient-physician interpersonal and communication skills
- History building and hands-on physical exam
- OMT skills
- Clinical decision making



Design:

- Multi-station (6) model using standardized patients
- Post encounter questions about the patient (diagnosis, testing, treatment, risk factors, follow-up, lifestyle)
- Competency-based (badge concept, subsequent pilots include formative elements)
- Independent OMM physician examiners

Learn More

About C3DO

The **Core Competency Capstone for DOs (C3DO)** is a research initiative to develop a national standardized assessment of osteopathic clinical skills based at schools and colleges of osteopathic medicine.



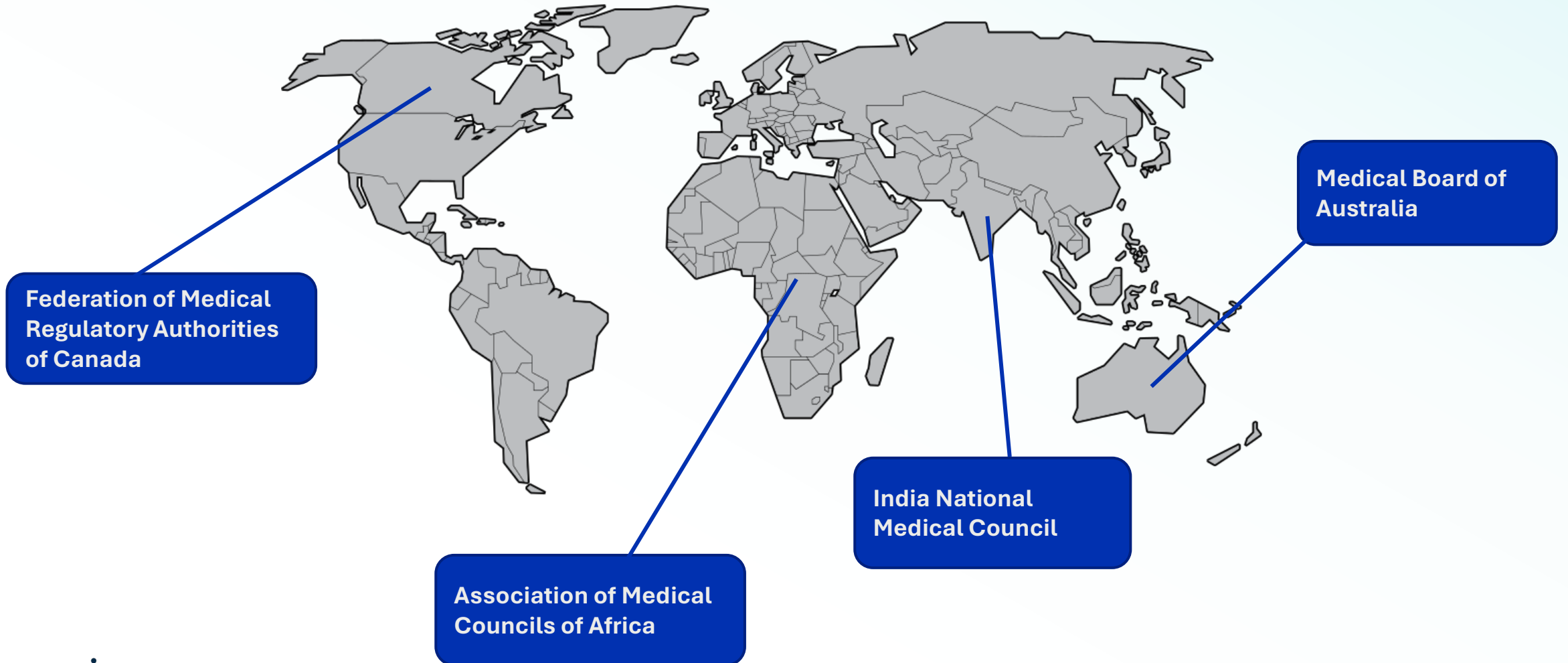
Learn more at nbome.org/C3DO

IAMRA Resolution

The International Association of Medical Regulatory Authorities (IAMRA) approved a resolution **supporting the recognition** of U.S.-trained DOs as **fully licensed physicians** in **47 IAMRA member countries**.

Albania	Eswatini	Ireland	Nepal	Sierra Leone	Trinidad and Tobago
Australia	Finland	Jamaica	Netherlands	Singapore	Uganda
Bahamas	Germany	Kazakhstan	New Zealand	South Africa	United Arab Emirates
Bangladesh	Ghana	Kenya	Nigeria	South Korea	United Kingdom
Bhutan	Grenada	Lesotho	Oman	South Sudan	U.S.A.
Brazil	Hong Kong	Malawi	Pakistan	Sudan	Zimbabwe
Canada	India	Malaysia	Rwanda	Tanzania	
Egypt	Indonesia	Namibia	Seychelles	The Gambia	

Additional Global Wins



NBOME National Faculty

Our credentialed National Faculty comprises diverse thought leaders in various specialties from across the country.

WHAT THE NF DOES

- Reviews the COMLEX-USA Blueprint
- Writes & reviews test items, cases, & rationales to ensure quality & fairness
- Assists in recruiting residents & newly practicing physicians
- Serves on Board & Operational Committees
- Develops into leadership roles

BENEFITS OF SERVICE

- CME credits through the AOA for status 1A & 1B activities
- Letters of scholarly activity provided for promotion and tenure
- Acknowledgement in the NBOME Annual Report
- Opportunities to grow & expand your professional network

LOOKING FOR EXPERTISE IN

Biostatistics/Medical Research | Ethics/Jurisprudence
Ob/Gyn | Pediatrics | Psychiatry | Public Health | Surgery

Thank you!

#DOProud | #NBOME | #RTDOL | #IPassedCOMLEX



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