PROFESSIONS ELIGIBLE FOR PARTICIPATION

Acupuncture
Architecture
Athletic Training
Audiology
Certified Shorthand Reporting
Chiropractic
Clinical Laboratory Technology
- Clinical Laboratory Technicians
- Clinical Laboratory Technologists
- Cytotechnologists
Dentistry
- Certified Dental Assistants
- Dental Hygienists
- Dentists
Dietetics-Nutrition
Engineering
Interior Design
Land Surveying
Landscape Architecture
Massage Therapy
Medical Physics
Mental Health Practitioners
- Creative Arts Therapists
- Marriage and Family Therapists
- Mental Health Counselors
- Psychoanalysts
Midwifery
Nursing
- Licensed Practical Nurses
- Nurse Practitioners
- Registered Professional Nurses
Occupational Therapy
- Occupational Therapists
- Occupational Therapy Assistants
Ophthalmic Dispensing
Optometry
Perfusion
Pharmacy
Physical Therapy
- Physical Therapists
- Physical Therapy Assistants
Podiatry
Polysomnographic Technology
Psychology
Public Accountancy
- Certified Public Accountants
- Public Accountants
Respiratory Therapy
- Respiratory Therapists
- Respiratory Therapy Technicians
Social Work
Speech-Language Pathology
Veterinary Medicine
- Veterinarians
- Veterinary Technicians

The Professional Assistance Program
A confidential program for licensed professionals abusing alcohol or other drugs.

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YOU ARE NOT ALONE

A professional license does not protect you from chemical dependency. The incidence of chemical dependency among licensed professionals is more common than you might think - particularly for those with access to drugs.

Statistics show that at least 10% of adults abuse alcohol or other drugs.

HELP IS WAITING

While chemical dependency may be the number one personal health issue facing your colleagues and yourself, you should know that assistance in coping with these issues is available.

The first step is recognizing that you have a problem, then you just need to ask for help.

SAVE A LIFE—SAVE A CAREER

Most professionals know someone who has an issue with alcohol or other drugs, and they may need your help to get better. Timely intervention from friends, family, or colleagues can help prevent someone from developing further complications from a chemical dependency including:

- Physical Deterioration,
- Increased Dependency,
- Isolation Due to Loss of Family/Friends,
- Financial Debt,
- Unemployment,
- And Even Death.

PROFESSIONAL ASSISTANCE PROGRAM

New York State has developed a confidential program to help licensed professionals who are suffering from the effects of a chemical dependency — before they harm a patient or themselves.

All inquiries are confidential.

The Professional Assistance Program (PAP) provides an opportunity for licensed professionals to receive proper treatment and maintain their professional status.

Now's the time to help yourself or your colleagues.

For more information, contact:

Professional Assistance Program
80 Wolf Road, Suite 204
Albany, New York 12205-2643
Phone: 518-474-3817, ext. 480
Fax: 518-485-9378
Email: pap@mail.nysed.gov

A BETTER ALTERNATIVE

While undergoing treatment, a professional can temporarily surrender their license(s) in lieu of disciplinary action.

The Committee for Professional Assistance will advise the New York State Board of Regents and State Education Department in matters related to chemical dependency. Committee members include professionals from several disciplines, most of whom have expertise in the treatment of alcoholism or other drug dependencies.

WHEN CAN I RESUME PRACTICE?

Provided that you have not hurt anyone (including yourself) and do not pose a public threat, you can continue to practice during your treatment program.

Professionals who are accepted into the program, as determined by the Committee for Professional Assistance, must agree to:

- Participate in a treatment program deemed acceptable by the Committee,
- Abstain from using any and all mood- or mind-altering substances, and
- Have their professional practice monitored for a minimum of two years.

Monitoring is to help the individual recover and protect the public.

If you have surrendered your license, once your treatment provider feels you are able to resume professional practice, you may petition for license reinstatement.