



Psychoanalyst

A **psychoanalyst** helps people uncover the unconscious mental processes that influence their behavior and personality. Using assessments, counseling, and psychotherapy, these licensed professionals guide patients so they can address mental conditions that affect their ability to function, such as anxiety, depression, trauma, phobias, and compulsions.

Education

Master's or higher degree from any [Department-registered](#) program, or the equivalent as determined by the Department
AND

Complete a psychoanalysis licensure program registered by the Department, or the equivalent as determined by the Department.

Experience

At least 1,500 hours of supervised practice of Psychoanalysis in an acceptable setting, including at least 750 clock hours of direct contact with clients.

Examination

New York State Case Narrative Examinations

- ▶ Visit the [Office of the Professions](#) for a listing of all options and requirements.



Salary and Projected Growth

- Salary range: \$56,820-\$263,190
- Many psychoanalysts are also licensed psychologists or psychiatrists (medical doctors)
- Projected growth: faster than average

Where Could I Work?

- Private or group practice
- Hospitals
- Community agencies and mental health centers
- Behavioral health agencies and programs
- Consulting or education

Your Interests and Abilities

- Human development
- Psychoanalytic theory and techniques
- Diversity and cultural competency

Professional Skills

- Concern for others
- Dependability
- Innovation
- Communication

What Interests You?

Match your interests and personality to career options!

Explore a free career tool at mynextmove.org/explore/ip

Tip: try searching for mentoring programs—talk to a psychoanalyst about what they do and how they got started!