



# Marriage and Family Therapist

**Marriage and family therapists** train in psychotherapy and other counseling methods to advise people about thoughts, emotions, and behaviors that affect interpersonal relationships. Through assessment and guidance, these professionals help individuals, couples, families, and others ensure the well-being of their relationships.

## Education

Complete a master’s or doctoral degree in a [Department-registered](#) Marriage and Family Therapy licensure program, or the equivalent, as determined by the Department.

## Experience

At least 1,500 client-contact hours of supervised practice of Marriage and Family Therapy in an acceptable setting.

## Examination

Examination in Marital and Family Therapy, as developed by the Association of Marital and Family Therapy Regulatory Boards

► Visit the [Office of the Professions](#) for a listing of all options and requirements.

## Video



## Salary and Projected Growth

- Median salary: \$50,090 in the US, \$52,340 in NY
- Salary range: \$35,380-\$57,720
- Projected growth: much faster than average

## Where Could I Work?

- Marriage and family clinics
- Social service agencies
- Healthcare settings
- Courts and prisons
- Behavioral health agencies and programs

## Your Interests and Abilities

- Psychotherapy
- Family systems and law
- Diversity and cultural competency

## Professional Skills

- Concern for others
- Dependability
- Innovation
- Communication

## What Interests You?

Match your interests and personality to career options! Explore a free career tool at [mynextmove.org/explore/ip](http://mynextmove.org/explore/ip)

**Tip:** try searching for mentoring programs—talk to a marriage and family therapist about what they do and how they got started!